

## TWELVE LIFE-SAVING RULES



Work with a valid  
Work Permit  
when required



Conduct gas tests  
when required



Verify isolation before  
work begins and use  
the specified life  
protecting equipment



Obtain authorisation  
before entering a  
confined space



Obtain authorisation  
before overriding  
or disabling safety  
critical equipment



Protect yourself  
against a fall when  
working at height



Do not walk under  
a suspended load



Do not smoke  
outside designated  
smoking areas



No alcohol or  
drugs while  
working or driving



While driving, do not  
use your phone  
and do not exceed  
speed limits



Wear your seat belt



Follow prescribed  
Journey  
Management Plan